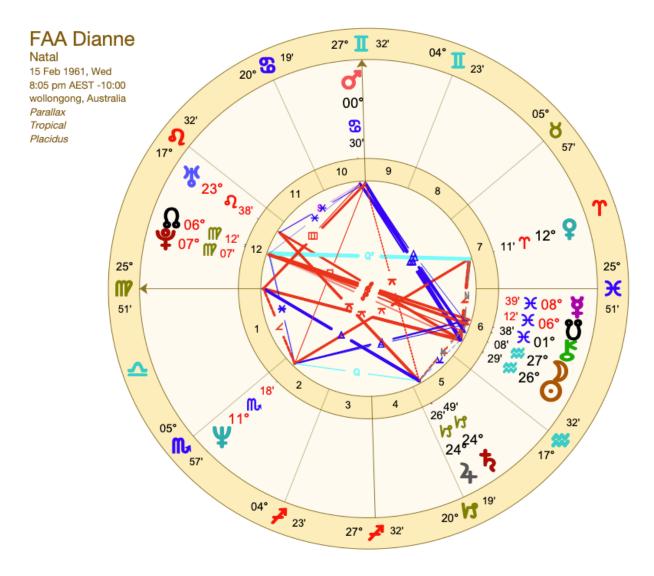
Question 2

Dianne: 15th February 1961 8:05 pm Wollongong, NSW Ascendant: close to 26 Virgo Dianne is retiring at the end of the year after working in the insurance industry since she left school. Both her sons have left home and she is excited by the prospect of her first grandchild being born in October. As Dianne has always been a working Mum, she is looking forward to being a very hands-on Grandmother with the prospect of babysitting when her daughter-in-law, returns to work from maternity leave.

However, she cannot help but feel some trepidation as a large part of her life has been defined by her work and the interaction with workmates. Dianne is now starting to worry that she may have been too hasty in taking early retirement and is starting to regret her decision.

With reference to Dianne's major Transits and Secondary Progressions including the Progressed Lunar phase for the 12-month period beginning September 2021, how can you acknowledge her concerns, and help facilitate an awareness of the current dynamics taking place? How can you support Dianne in making any necessary adjustments through this major period in her life engendering a positive outlook for her future? Include Chiron in your answer.



Dianne has just turned 60 and seeks guidance on how to move successfully into retirement at the end of this year. Exciting times await her with the birth of her first grandchild, but she is apprehensive about leaving the safe constructs of work, which has been a constant source of stability and satisfaction throughout her life. Looking at Dianne's natal chart, it's easy to identify the crucial role that work plays, and we'll spend time exploring its function and purpose in supporting her identity. Understanding that, I can then help her to adjust to retirement, and find new ways to utilise her personality so she can gain a continued sense of purpose and enjoyment. Releasing herself from work allows for a more authentic application of her skills and signals the start of a whole new life phase. Opportunities and fresh ways of relating can be anticipated over the next 12 months, with the joy of grandchildren and the prospect of other relationships forming. All of which contributes to the sense that this is an exciting and enjoyable new stage of life that Dianne can confidently move into with eagerness and vigour.

Dianne's queries have been well established before the session and I can begin in a relaxed manner, encouraging her to settle in comfortably, with the offer of a drink and a bit of chat to establish some rapport. I'd ask her previous experience with astrology, so I can pitch the level of jargon correctly (usually opting for the minimum) and gain an understanding of her familiarity with what to expect in this session¹. I'll congratulate her for seeking guidance just as important astrological phases are starting (Saturn Return and Progressed Lunar Phase) affirming her current energetic experience. A brief chat around her retirement plans can locate us at the heart of what we'll be covering in this session. At this stage I'd also ask sensitive questions as to whether she currently has a partner. There isn't one mentioned, so I will proceed assuming that she is currently single.

To gain a full understanding of Dianne's motivations, I'll start with her natal chart, allowing her to validate herself and to give us a joint understanding of her personal values

¹ Cunningham, D. Astrological Counselling. Page 21

and the areas of life that she prioritises. Dianne's chart shows a huge amount of energy for work, daily routines, health and workmates (6th house cluster). Her core identity and confidence is built from these areas (Sun, 6th) and she has an inner need to be useful and part of a team. Connecting emotionally with workmates as they contribute towards larger group goals would be extremely rewarding (Moon, 6th, Aquarius). Already it's easy to see how the prospect of losing this function would be fundamentally unsettling.

There is a selflessness to Dianne that has allowed her to reliably devote herself to work, and the altruistic, collective components of the insurance industry have been a good fit for her progressive and 'fair go' type of personal philosophy (fixed 2nd & 6th Houses, Aquarius Sun/Moon). She is likely to be an excellent, committed employee, providing perspective and calmness in a crisis and a willingness to mentor workmates in a parental-type way (Sun, Moon in Aquarius, 6th).

Dianne approaches the world with a willingness to help and be useful. Again, her focus is on work, and an empathy for work situations and an ability to think about them in alternative ways (Virgo Ascendent, Mercury in Pisces [detriment], 6th). There is a strong sense that this is an area that she instinctively excels at. (Mercury conjunct South Node). It's possible that despite her gifts, which are evident to everyone around her, she may still feel some inferiority in her abilities. This may have supplied a life-long motivation to work hard, and give much of herself to her job and career goals (Chiron in Pisces, 6th, trine Mars, MC). Becoming a workaholic is a definite possibility and this tendency may have impacted her health at various times. It may also entail her being habitual (and controlling) around her daily routine and health habits.

With such a strong urge to be of service, there's the risk that Dianne could completely give herself away to others, so her focus on work and career has been a helpful circuit breaker, that benefits her personally. A job has fulfilled a core drive for

Dianne over the years, and it's logical that the thought of leaving it is quite daunting (Pisces/Virgo, 6th/12th emphasis, trine to MC, Mars).

However life does inevitably move on. Dianne already anticipates that this is a new era, with the impending birth of her first grandchild. Already she is offering to be of service in a way that replicates her work life and instinctively understands her need to be of practical use to others.

What Dianne doesn't realise is that these surface instincts replicate deep astrological indications confirming that this IS the start of a new life phase. Over the last 12 months, the ground has been rumbling. Covid has created chaos and change for people and broader planetary activity can be felt in the personal lives of many, including Dianne, who has quite fortunate contact with these broader forces. For her, there is a sense of structures transforming and a rebirth of optimism that can regenerate how she connects with the world (t.Pluto/Saturn/Jupiter conjunct Jupiter, Saturn in 2020, all trining Ascendent). There is a tenacity to this change and sense of significance that may have her feeling simultaneously in-and-out of control which may feel disorienting throughout 2020/2021². Events will happen that ensure that room is made for lifestyle changes under this transit. This isn't always an easy experience (Pluto). By choosing retirement, Dianne is preempting this energy, shaping its force in a desirable way.

Since the end of 2019, Dianne has also experienced two other significant astrological moments. One is the 2nd Saturn return, which is experienced by everyone just before turning 60. The other is a deeply personal Lunar New Moon Phase, the timing of which is unique to her. Interestingly, both these 29-year sequences have restarted within 12 months of each other, truly proving that this is a period of change, and not a time to be holding onto her past.

² Hand, R. (1976) Planets in Transit, Page 508.

Dianne's Lunar Moon Phase reset was in December 2019. This transition point is an emptying and renewal of the cycle of waxing and waning that happens to our emotions and relationships throughout our lifetime. At first we may not see the new purpose or path forward, but sense that we have moved irrevocably from our past. Dianne is right to feel that she is at a point of transition, and the focus on children and grandchildren is a poignant illustration of the "maturing, flowering and harvesting of our emotional life, our personal and experiential archives"³. Her emotional attachments are reforming - the evidence of which may take a couple of years to be visible (Crescent phase starts July 2023). This new cycle is likely to place emphasis on one-to-one relationships, and helps to unlock Dianne's personal drive to relate in assertive and initiating ways (Progressed New Moon at 26 Aries. Natal Venus in Aries, intercepted).

The Saturn return in December 2020 sees her shift to a mature, wiser stage of life, focused on giving back knowledge and wisdom. It's an opportunity for authentic self-congratulations as we clear the pressures of midlife and "the social detritus that blinds us to the truths of the human heart.⁴" It is a time for her to relish her achievements and find gratifying ways to deploy them in order to benefit others. Our youth-obsessed culture may resist it, but this is the beginning of the 'elder' phase. Renaming this the 'pay-it-forward' phase may be more palatable to our modern sensibilities.

The good news is that Dianne already senses that she is on the precipice of a new phase as has made decisions that fit the astrology well. Her worry and regret around hasty decision making may ease as she understands the fundamental energetic shifts occurring. Change is inevitable, and discomfort and doubt is to be expected at this time (t.Chiron semi-square Sun, Moon, conjunct Venus, t.Pluto trine Ascendent, t.Uranus semi-square MC).

³ Clark, B. (2017). The Progressed Moon.

⁴ Forrest, S. (2019). The Book of Earth. Page 379.

She should be congratulated on her instinctive decision making. Her inner 'knowing' has most likely given her the faith that all will be well in her future (p.Sun sextile Moon, t.Pluto conjunct Jupiter, Saturn, 5th, t.Jupiter conjunct Moon - 11th ruler). But it's human nature for this to be a jittery time.

With a fundamental need to work and a practical nature, Dianne can formulate and apply some strategies for transition that should help to settle her apprehensions.

Recognising the role that work has played and honouring its importance in directing her daily routine and yearly traditions is important. She can replicate this in the future. The work friendships she has formed (11th house ruler in 6th) can be honoured by writing them thank you cards when she retires. This validates the friendships and encourages them to continue. This works well with Dianne's detailed nature (Virgo Ascendent), and can help to both focus on positive transitions as well as reflect back on shared work scenarios. Workplaces are constant places of transition and reflecting on times when she's successfully negotiated them previously will help bolster her confidence⁵. I suspect that Dianne is better at change than she anticipates (Mutable angles).

Pluto's rumblings will impact many areas. Leaving work is likely to invoke a quiet revolution in her daily habits, neighbourhood, home life and hobbies (t.Pluto conjunct Jupiter, Saturn, rulers 3rd, 4th, 5th, 6th). A stripped back life allows space for new activities to emerge which may prove transformative and deeply aligned to her values and spiritual truths (t.Pluto 5th, rules 2nd, natal 12th). Aligning herself with her authentic need to be of service is critical. Understanding how this need has found manifestation in the workplace is key. Seeing how these qualities can be pivoted and applied to new areas of her life should ensure a smooth and exciting transition to a life that is fulfilling both physically and spiritually.

⁵ Whitbourne, S. K. (2017). 10 Ways to Make it Through your Life's Transitions.

While she expects to be busy with grandmotherly duties, Dianne can also nourish her need for purpose and busyness by involving herself with volunteer work. Her birth chart promises enrichment through service (North Node in Virgo, conjunct Pluto, 12th). If she is interested in helping the less fortunate, she should be encouraged to pursue that. Transferring her workplace skills of problem solving (Aquarius) and her need to be useful over to a volunteer situation could be enormously satisfying. Finding practical roles within charities that support the homeless or advocate for progressive social change would supply a busy timetable and deep sense of purpose that will leave her wondering how she ever had time for a paid job! She is perfectly suited to a behind the scenes role, reliably supporting the administration and organisation of these groups (12th house, Virgo).

Before that though, children and grandchildren will take centre stage. Lovely aspects give a sense of joy later this year. There is buoyancy and an expansion in her sense of self and emotional health (t.Jupiter conjunct Sun, Moon, trine MC - mid Dec 2021). Finishing work may lead to a sense of growth and expansion that benefits her health. A sense of release and healing may ensue (t.Jupiter in 6th, conjunct South Node, Chiron). By February 2022, happy thinking and activity could easily be triggered by grandchildren (t.Jupiter conjunct Mercury, 9th ruler, p.Mercury conjunct Venus). Spiritual insights are possible and this may be a time highlighting opportunities for emotional growth (t.Jupiter opposite Pluto, p.Sun sextile Moon).

There is an integration of joy and idealism through mid 2022 (t.Neptune sextile Jupiter). Dreams may feel possible as Dianne explores more authentic parts of herself that may have been neglected during her working years. Energy may be put into new social circles. Fresh attitudes may be surprising to both herself and others (p.Mars into 11th, t.Jupiter opposite Uranus, t.Uranus sesquiquadrate Ascendent). March/April 2022 sees a strong urge to expand her structures and connections, perhaps with an attraction to new

groups of people (p.Moon trine Jupiter, Saturn, Ascendent. Moon rules 11th). This feels to be an exciting year of growth and potential as she lives more aligned with her values (t.Neptune sextile Jupiter, Saturn. n.Neptune 2nd).

While Dianne's initial focus is her grandchild, general patterns of relating may become more of a focus for her in 2022. Throughout her life, Dianne may have experienced a sense of searching in her relationships, with tricky circumstances and fate making connections, particularly partnerships, problematic. Trouble unlocking herself and her methods of relating within partnerships may have emerged (unaspected Venus in 7th Aries, Libra intercepted) and a sense of adjustment between her values and the demands of a partner may never have been well negotiated (Venus 7th quincunx Neptune 2nd). These themes may be triggered and demand attention throughout 2021 and 2022. Dianne has the chance to acknowledge, consider and address her vulnerabilities in these areas, and she may feel a shift in thinking that allows her to dig into previously guarded wounds. (t.Chiron conjunct Venus [5 hits] also conjunct p.Mercury).

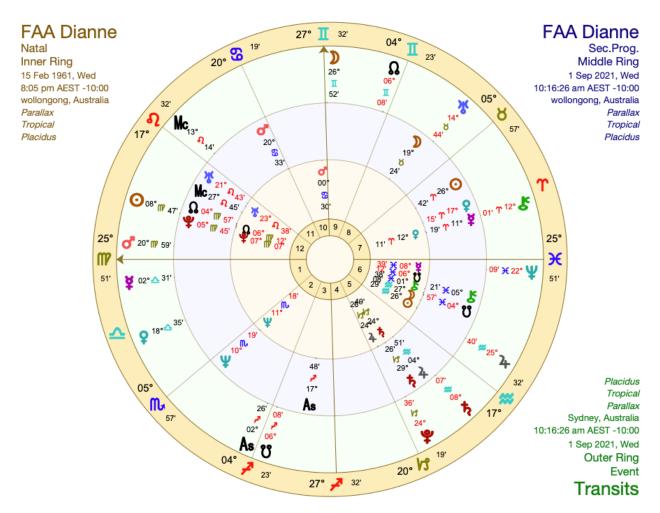
There is the possibility of partnerships forming over this time. Any one-to-one type of relationship fits this energy, such as providing counselling or mentoring support. Or there are strong indications that romance is possible, particular from April 2022 (both t. and sa. Jupiter conjunct Descendent, t.Neptune sextile Jupiter, sa. Uranus square Jupiter [Jupiter co-rules 7th], sa. Neptune square Venus, t.Uranus opposite Neptune [7th co-ruler]). It's possible that a romance could be impulsive and romance-novel worthy, with deeply transformative impacts (t.Pluto in 5th). There is the chance to address any deeply held feelings of inadequency within these areas, but also the possibility that fresh wounding may occur, so it would be advisable to approach any new relationships with a touch of caution. If Dianne finds herself falling into patterns of relating that are reminiscent of previous negative experiences, she may like to step back, to rationalise the situation

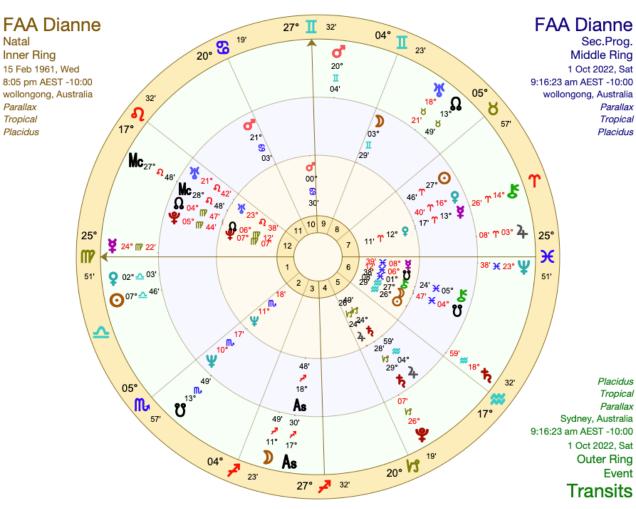
and discover new approaches for unlocking her relationship potential that can lead to improved outcomes (t.Chiron, conjunct intercepted Venus, conjunct p.Mercury).

Overall, the next 12 months looks to be an enriching time, when life purpose and goals can be edited and realigned to fit exactly the person Dianne is now. It's time to get reacquainted with herself and set forth on a new phase (p.Sun sextile MC, also sa. Moon sextile MC). Her gifts for strongly nurturing others via communication (Gemini MC conjunct Mars Cancer) will definitely be highlighted, but there is the sense that more will unfold. While Dianne prepares for her grandchild and still dwells in the world of work, it's hard to anticipate the nuance and reward that may be awaiting her. Years of success at work will stay with her, contributing to an inner strength and confidence that she can now apply in more personally rewarding areas. Caring for and enjoying her grandchild looks to be on the cards, but so does an inner bloom in how Dianne relates to others. New friendships and groups are highlighted, and the possibility of romance is evident.

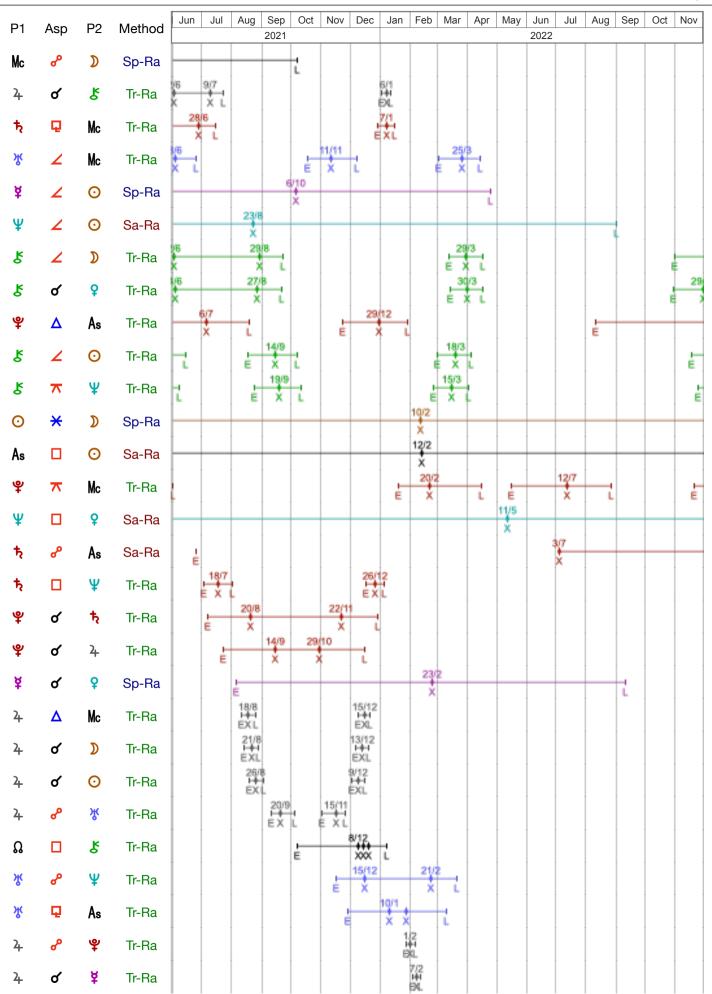
Dianne is encouraged to give thanks for her years of paid work. Acknowledgement of and gratitude for the factors that have contributed to her satisfying work life will help identify how they can be applied to this new stage. Discomfort at the adjustment out of paid work need only be a natural hiccup that quickly dissolves as life gains speed and demand. Her daily routine will be just as busy as she discovers how she can apply herself to new interests and friends. Nurturing her family and exploring volunteer work will fulfil her giving nature. Positive energy and interesting endeavours await Dianne over the next 12 months, and I wish her all the best in her retirement.

Word count 2737.





For FAA Dianne Page 1



For FAA Dianne Page 2

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