

Question 1**Leah: Born 16 April, 1984 at 8.30pm in LONDON, ENGLAND****Ascendant: close to 3° Scorpio**

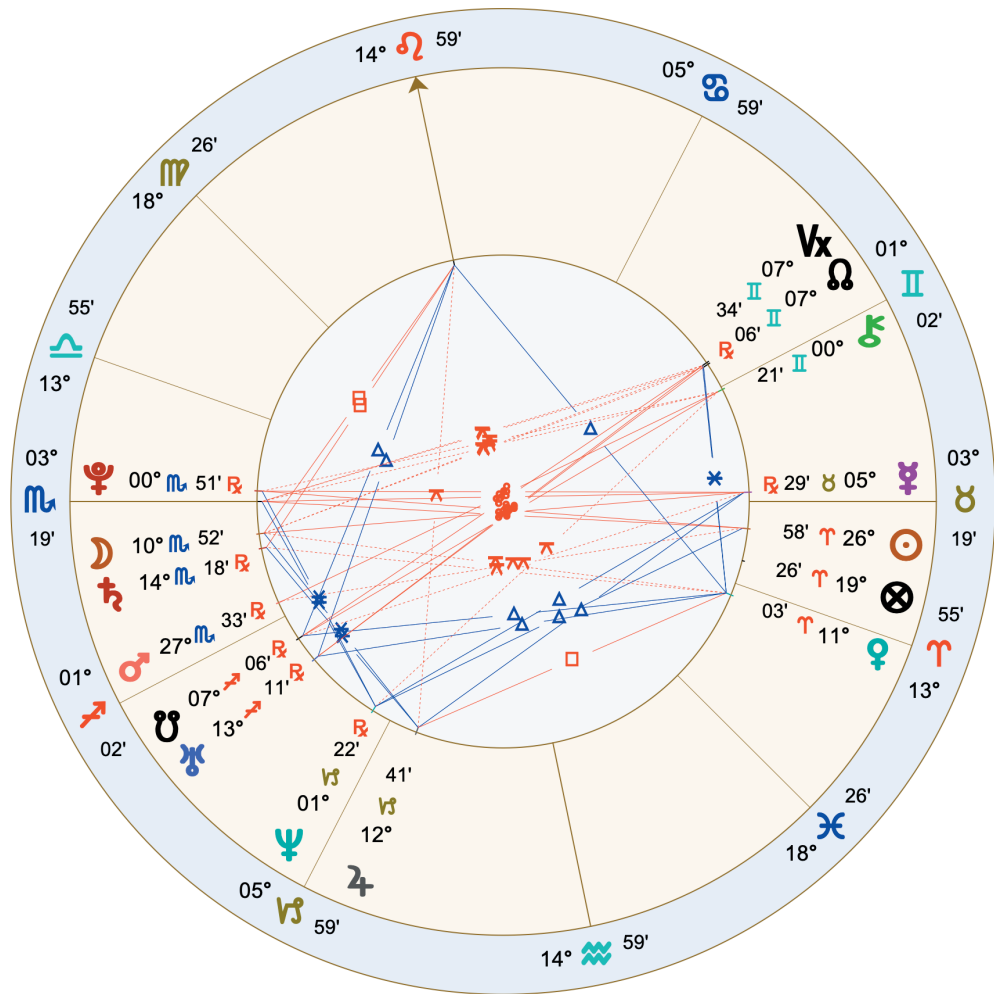
Leah books an astrological consultation with you to understand why she is experiencing a testing time in many areas of her life. She is, especially, having challenges with her 'sense of self' as well as her relationships both personally and at work. In her own words, "relationships feel like a battlefield". Leah is in a committed partnership, which she describes as controlling and cannot see any long-term prospects for the future. She feels that throughout her life relationships have always been painful and challenging. She can feel that changes are looming on the horizon and wants to know how to positively approach them without fear and trepidation.

Using a combination of her major Uranus, Neptune and Pluto Transits plus Progressed Lunation Phase and Eclipses from July 2022 to December 2023, how can you support Leah in understanding any unconscious limiting patterns that are being activated in her chart during this time? Considering that Leah is approaching her Midlife Cycle, what empowering guidance could you offer her to positively move forward in her life?

Leah

Natal

16 Apr 1984, Mon
8:30 pm BST -1:00
London, United Kingdom
Geocentric
Tropical
Placidus



Leah, currently experiencing a challenging time in her life seeks astrological guidance. She explains that she is experiencing a 'testing time' especially regarding her 'sense of self' and within her relationships, both personally and in her work place. Discussing Leah's natal chart can illuminate core patterns and challenging areas, identifying key background information regarding her sense of self and relationships. By exploring her Progressed Lunation Phase, major Uranus, Neptune and Pluto transits and Eclipses during the time period of July 2022 to December 2023, my aim is to empower Leah with the astrological awareness to enable her to make positive choices moving forward in life. Feeling that changes are on the horizon, her intuition is absolutely right. Leah is approaching her Midlife Cycle, often referred to as the 'Midlife Crisis'. It is a critical time that she has chosen to seek counsel as she moves towards a more challenging period in her life that can bring about much change.

Commanding attention is the strong Scorpio and Pluto energy dominating Leah's Natal Chart (5 planets in Scorpio, including the Ascendant conjunct Pluto). She may have an intense powerful personality with deep emotions and a sensitive and intuitive nature (Scorpio Ascendant, conjunct Chart ruler Pluto and Scorpio Moon). She may not realise the impact she has on others and her ability to be a catalyst for transformation within her relationships as well as being adaptable and an initiator of change for self growth (Scorpio Ascendant conjunct Pluto, Moon 1st). Leah may learn a lot about her own spiritual growth and transformation through intimate partnerships and relationships which can prove to be challenging (Sun Opposite Ascendant).

Leah may often feel like she is at the centre of a crisis, provoking the need to dig deep and uncover unconscious patterns (Pluto, 12th). Her deep emotional reactions in response to others may be intense, either becoming explosive, or kept suppressed and hidden (Pluto opposite the Sun, Pluto 12th). A Moon in Scorpio in it's fall can exacerbate emotional intensity. Decision making could also be difficult as her mind may doubt her intuitive side (Moon opposite Mercury). It suggests the need for an outlet such as journaling to express feelings and to develop trust in intuition (Moon in Scorpio). A low self confidence derived from perhaps a lack of warmth and affection from her Mother suggests the need to develop her self esteem (Moon Conjunct Saturn). This could be the first step into understanding the challenges around her 'sense of self'. Leah's emotions are a prominent part of her personality and accepting this may help her learn a lot about herself through her feeling nature (Moon conjunct Ascendant).

Leah's emotions could also effect her choice of career and the relationships with the people she works with (Midheaven square Moon). It may be of benefit to pursue a career where she can express creativity, enthusiasm, has the chance for recognition and take on leadership roles (Sun 6th, Leo MC). By having an outlet to express these needs through her work could help her develop a stronger sense of self and give expression to her emotional side.

The Sun also represents 'sense of self'. Leah's Natal Sun exalted in Aries, emphasises strength and the drive for self expression but suggests she may also be headstrong and independent, needing to learn to listen more and open up to others' points of view (Mars 1st, Mercury conjunct Sun, Scorpio Ascendant fixed, North node Gemini). She is learning to be more open to others, develop focus, communication strategies and self control (North node Gemini, 8th) which will help with communication in relationships. Venus in Aries also values independence and time to self which can effect intimacy. Sun quincunx Mars in the first house of self suggests a lack of self confidence and motivation and the need for an adjustment to better develop a strong self esteem (Aries 6th, Sun 6th).

Leah may have a wound around not trusting oneself or a fear around communication with others (Chiron 7th). Suffering from painful relationships and feelings of being rejected by a partner may be a core pattern needing to be healed. Leah may find herself trying to resolve battles or conflict with others (Mars opposite Chiron in the 7th) as well as emotional battles within (Mars in Scorpio). A Yod with Chiron, Pluto and Neptune suggests a sense of destiny and personal growth through transforming and resolving pain within relationships.

Having more of an understanding on Leah's core natal patterns will now help in the process of identifying current astrological activity. The Progressed Lunation Phase indicates the current overall theme of this stage in Leah's life. The 21st of March 2020 marked the beginning of her Progressed Last Quarter Moon Phase at 1° Pisces and will continue until the 24th of April 2024. This phase is known as the 'Crisis in Consciousness phase' experienced more internally. This theme is aligning with how Leah is feeling and also relates to the theme of her upcoming midlife cycle which begins with Pluto square Pluto in March 2023. Leah may be revisioning and readjusting her life in this phase. It will help her eliminate or correct old behaviour patterns or

attitudes and let go of whatever is no longer necessary. She may gradually begin to turn away from dominant activities in her life and begin to prepare for a new direction. Seeking more time in solitude to ponder the meaningful parts of life may be helpful. By quieting the mind, intuition can guide the way and Leah can begin to rely and trust more in her own powerful intuition (Scorpio Asc conjunct Scorpio Moon and Pluto).

Having established the current life theme, the planetary transits can now be evaluated, shedding more light on the specific timing and expression on upcoming events. Tr. Uranus, Pluto and Neptune are all aspecting planets in Leah's Natal Chart from the time period of July 2022 to December 2023.

As Tr. Uranus is already travelling through Leah's 7th house, it may bring in the sense of change she feels is on the horizon, especially disrupting the area of relationships (Tr. Uranus, 7th). It will aspect two points on the Natal Chart, Squaring the MC and making an opposition to Saturn. Both transits overlap and take effect around the beginning of December 2022 through to mid march 2023 with 2 exact hits.

Tr. Uranus square MC indicates challenges and inner tension, forcing Leah into action that is unavoidable. Changes in her professional life or social status may take a new direction (Tr. Uranus square MC). Conflict may arise with a boss or authority figure, provoking the need for freedom or to enable self expression in new ways (Tr. Uranus square MC). She may feel restless, initiating changes within her professional life, finances or the need to feel more emotionally secure (Natal Uranus, 2nd and MC 10th). Events may occur within a partnership (Tr. Uranus 7th), effecting her home environment, career or social status (Aquarius 4th, MC 10th).

Tr. Uranus opposing Saturn in the 1st, indicates the desire for freedom, rebelling from someone or something controlling or a battle with an authority figure (Uranus opposite Saturn). She may be self motivated to act independently with situations to do with money or security (Natal Uranus, 2nd, Natal Saturn 1st) in the process upsetting a relationship/partnership and effecting the home environment, communication or perhaps siblings/neighbours, and her immediate environment (Aquarius 4th cusp and Capricorn 3rd cusp).

It is important Leah remain flexible and try to flow with Uranus' erratic energy, staying open to new possibilities. Both transits symbolise change within a current partnership and to her home and career life. Leah stated she does not see much hope for her existing relationship. She may feel she needs more space, freedom and independence at this time (Tr. Uranus, 7th). If she chooses to stay in the partnership she may want to take action now to speak up and address issues if she wants things to improve. This may involve communicating her feelings to her current partner and trying to resolve issues. If she does not see any future with him because of his controlling nature (Tr. Uranus opposite Saturn), now may be the time to take action and split altogether.

Pluto is dominating many of Leah's current transits. Currently it is moving through the 3rd house, transforming communication, deepening the mind and helping Leah learn how to better relate to others in the immediate environment.

Pluto Squares her Sun until January 2023 with two exact hits, challenging Leah to take action and overcome deep feelings and unresolved inner tension to enable her to find and express her sense of self. "Any Pluto/Sun transit in a woman's chart is a chance for her to become more aware of her need to have an identity in her own right, rather than solely defining herself through those to whom she is close to"¹. Pluto may bring to the surface the Natal Sun qualities, helping her to be assertive and express her individuality (Tr. Pluto square Aries Sun, Natal Pluto 12th) effecting the area of every day work or health (Natal Sun 6th). It may cause events to do with communication, local community and travel or conflict with siblings/relatives/neighbours (Tr.Pluto 3rd). The outcome creating a stronger sense of self, in her profession or changes to her social status (Scorpio 1st, Leo 10th). Leah may benefit from communicating on a deeper level such as writing in a journal to express her feelings and being honest with others (Pluto square Sun). A body detox could also be beneficial (Pluto square Sun, 6th).

Leah may have the extra energy and initiative as well as opportunities to achieve her goals and bring about positive change (Tr. Pluto sextile Mars) especially around the 28th of December 2022 with a direct hit. She may have a drive for power and communicating self expression (Tr. Pluto 3rd sextile Mars 1st). If she has been too passive, this can help her assert her own individuality and personal power. If she has been too aggressive or overly assertive it may be showing her new

¹ SASPORTAS H, *The Gods of Change*. Penguin Group, London, England, 1989, p.257

ways to relate to others or to express anger more constructively. “If we can find the courage to face our anger and rage, we lessen the risk of attracting it from the outside and stem the dangers inherent in allowing it to fester inwardly.”² Low risk sports or exercise to release energy and anger or meditation to improve focus are examples of expressing anger constructively.

Tr. Pluto trines Chiron in February 2023 until July. Old systems or buried trauma that need to be addressed may surface to be healed or looked at in a different light. Her natal patterns of learning to trust her own thought processes and fears around communicating with others can be addressed. Any feelings from past painful relationships or rejection by a partner may surface (Chiron 7th). A Yod will also be activated with Chiron, Neptune and Pluto/Ascendant suggesting a transformation to self and healing in this area.

Tr. Pluto square Pluto, the first transit of her midlife cycle comes into effect in March 2023. Anything that has layed hidden in the unconscious mind may come up to be acknowledged and healed during this period. It’s a time to accept hidden aspects of herself and integrate them to feel more whole (Natal Pluto 12th). Power struggles can be experienced in this transit, teaching Leah to empower herself (Scorpio 1st house cusp). There may also be trust issues where she may learn to trust herself, her intuition and trust in life itself where the only constant is change.

From late April to early September 2023, Tr. Neptune in the 5th house trines Mars in the 1st with 2 direct hits, one in June and one in July. This may enliven Leah’s imagination and help her take action on her dreams (Mars 1st, Neptune 5th). It may even spark love and romance. It can positively effect how she asserts herself, bringing out more thoughtful and compassionate actions towards others or using her drive to benefit others (Mars 1st, Neptune 5th).

Eclipses can bring about sudden events or changes which can be positive and exciting or bring hidden problems to light. On the 25th October 2022 a partial solar eclipse at 2° of Scorpio will occur in Leah’s 12th house, focusing on a transformation of self (Pluto eclipse ruler, Scorpio 1st conjunct Ascendant, Natal Pluto 12th conjunct eclipse). There is an importance for communication within relationships with others/friends/groups as arguments, difficulties and friction may occur (Eclipse opposes Natal Mercury, 7th, Gemini 8th, virgo 11th). It also indicates an adjustment is needed in how Leah communicates with others which could effect her sense of self worth (Eclipse

² SASPORTAS H, *The Gods of Change*. Penguin Group, London, England, 1989, p.281

inconjunct Chiron 7th). A total lunar eclipse at 16° Taurus occurring shortly afterwards on 8th November puts the 1st and 7th house axis into focus, the area of self and partnerships perhaps bringing issues to the surface to be addressed (Taurus 7th, Libra 12th). Relationships with women or a mother figure could also be illuminated, highlighting the importance for self expression (Eclipse aspecting Moon/Saturn, Venus eclipse ruler 5th). Both of these eclipses belong to the Saros cycle SS 6 South, which symbolise “being forceful and taking power. It has a manic flavour about it, with great power or force manifesting in the relationship area.”³ Pluto and Venus (Eclipse Rulers) being energised could influence power struggles and intense energy in the relationship area.

The following two eclipses belong to the Saros cycle SS 7 North symbolising hidden passions surfacing. The first is a Solar eclipse at 29° of Aries on 20 April 2023. As this is a last degree at 29° it could mean the end of something. The eclipse occurs in the 6th house, illuminating the area of everyday work, routines and health. Leah may have to trust in herself or stand up for herself as there may be a power struggle possibly in the workplace which could initiate firey energy and passion (Mars eclipse ruler 1st, Aries 6th - same as the eclipse house, Eclipse conjuncts Sun, Leo 10th at MC, Eclipse Inconjunct natal Mars, Mars 1st Opposite Pluto & Ascendant). The following eclipse on 5 May, a Lunar eclipse at 14° Scorpio, repeats the theme around Self and Partnerships (eclipse 1st, 7th). Pluto as eclipse ruler in the 12th highlights transformation. There may be changes around finances (Eclipse aspects Venus & Uranus) with opportunities for enhanced communication (flowing aspect to Jupiter 3rd).

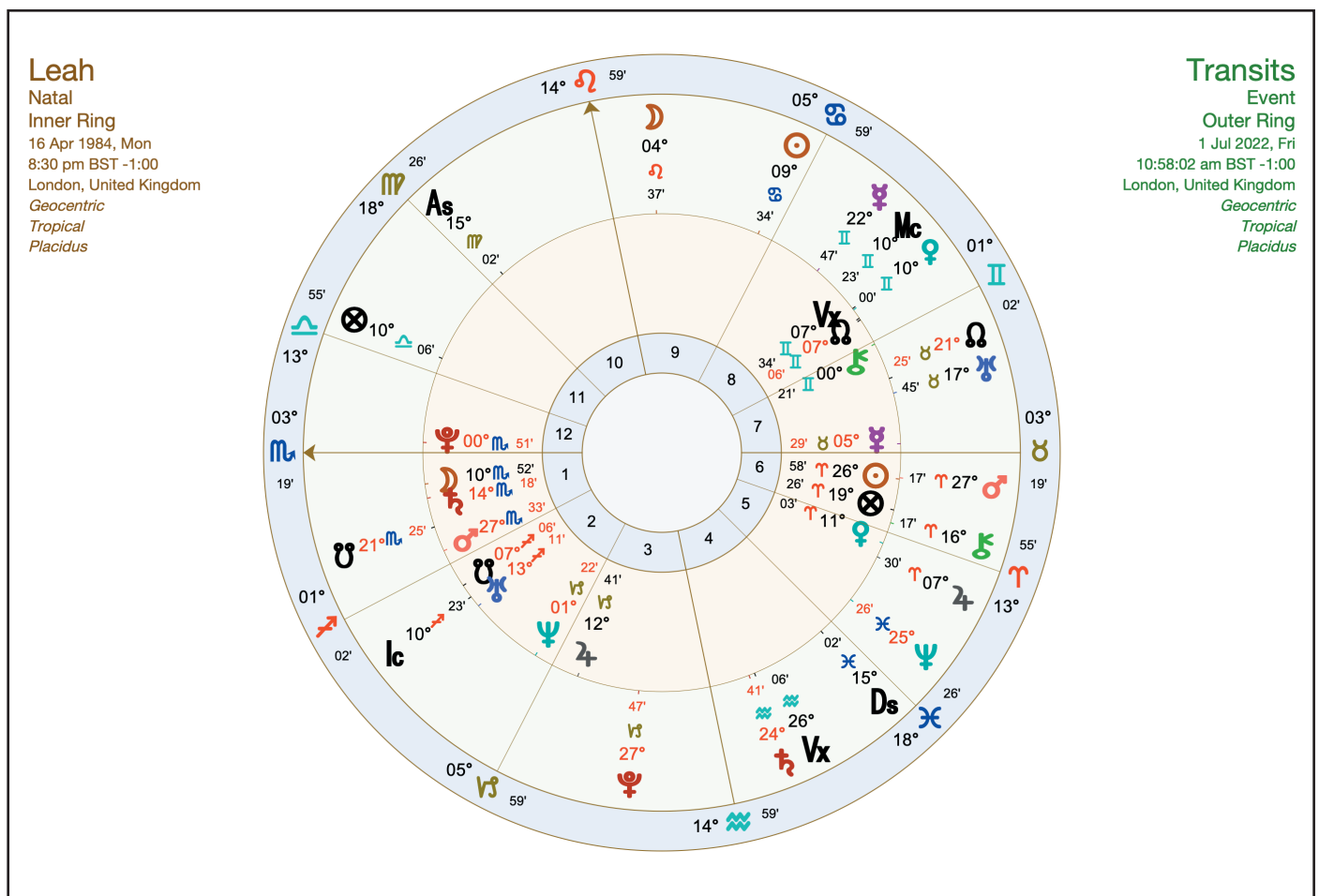
On the 15th October 2023 a Solar eclipse at 21° Libra falls in the 12th house. The areas in focus are again on partnerships, transformation and self expression (Venus Eclipse ruler 5th, Taurus 7th and Libra 12th). There may also be issues around health and career (eclipse opposite Sun 6th, Leo 10th). The 28th October Lunar eclipse at 5° Taurus further confirms the themes from the previous eclipses with the 1st and 7th houses in focus. With the Eclipse making a flowing aspect to Neptune in the 2nd, Leah maybe able to visualise dreams for her future that bring more security.

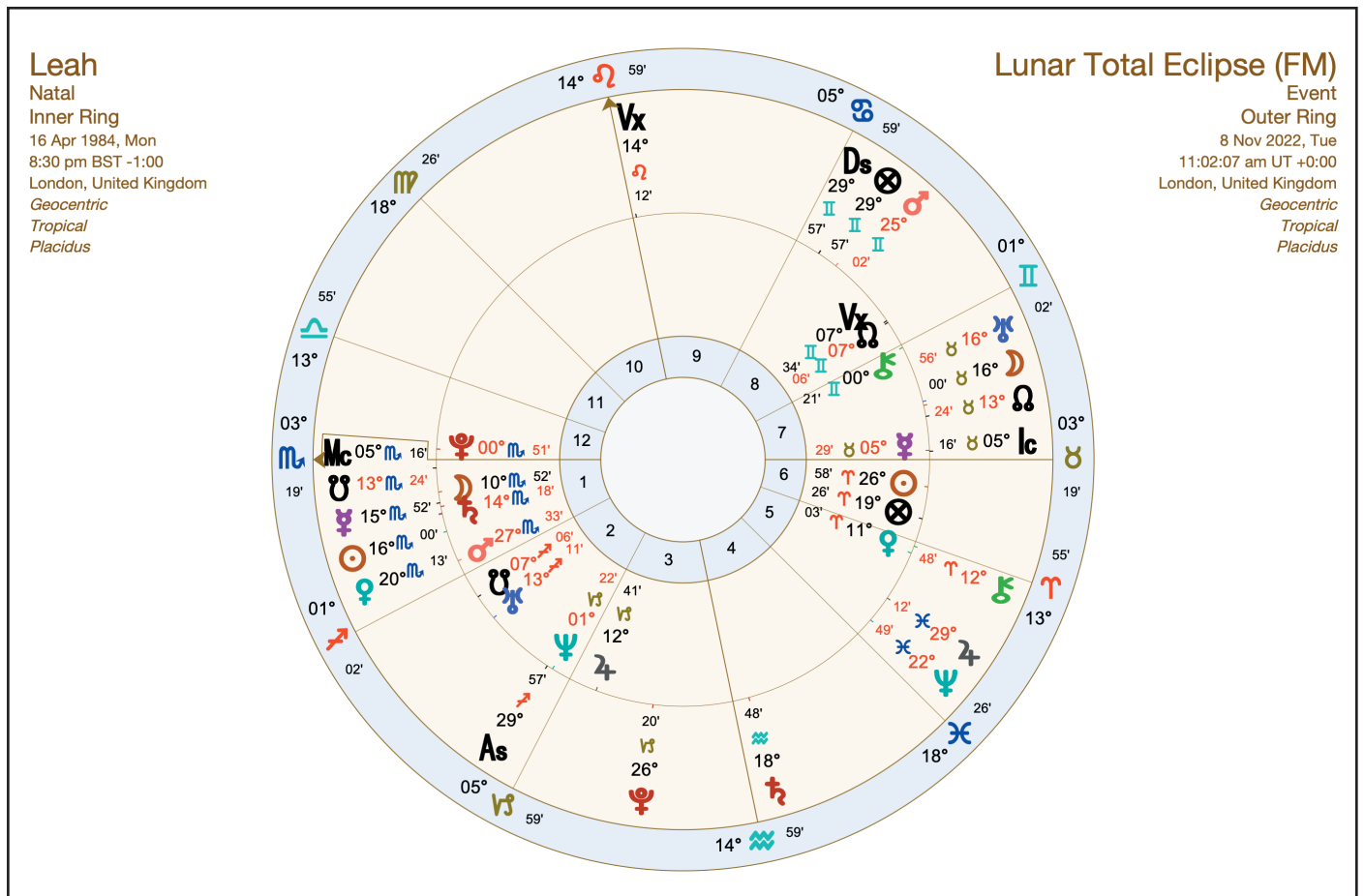
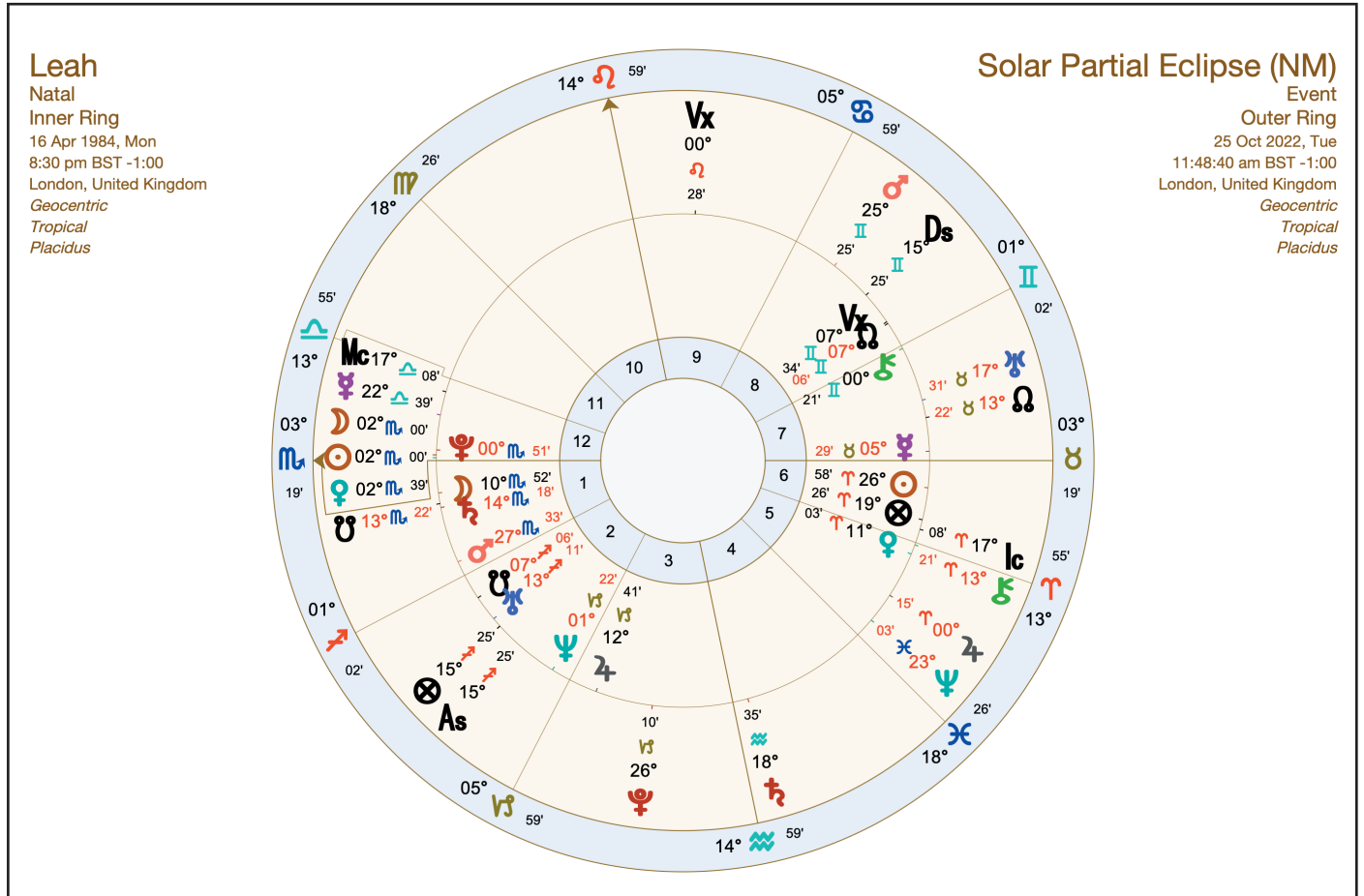
After evaluating Leah’s Natal Chart and the current astrological activity, it is clear she is coming to a turning point where change is eminent and crisis needs to be addressed particularly around the theme of relationships (Tr. Pluto, Tr. Uranus, Eclipses highlighting relationship area).

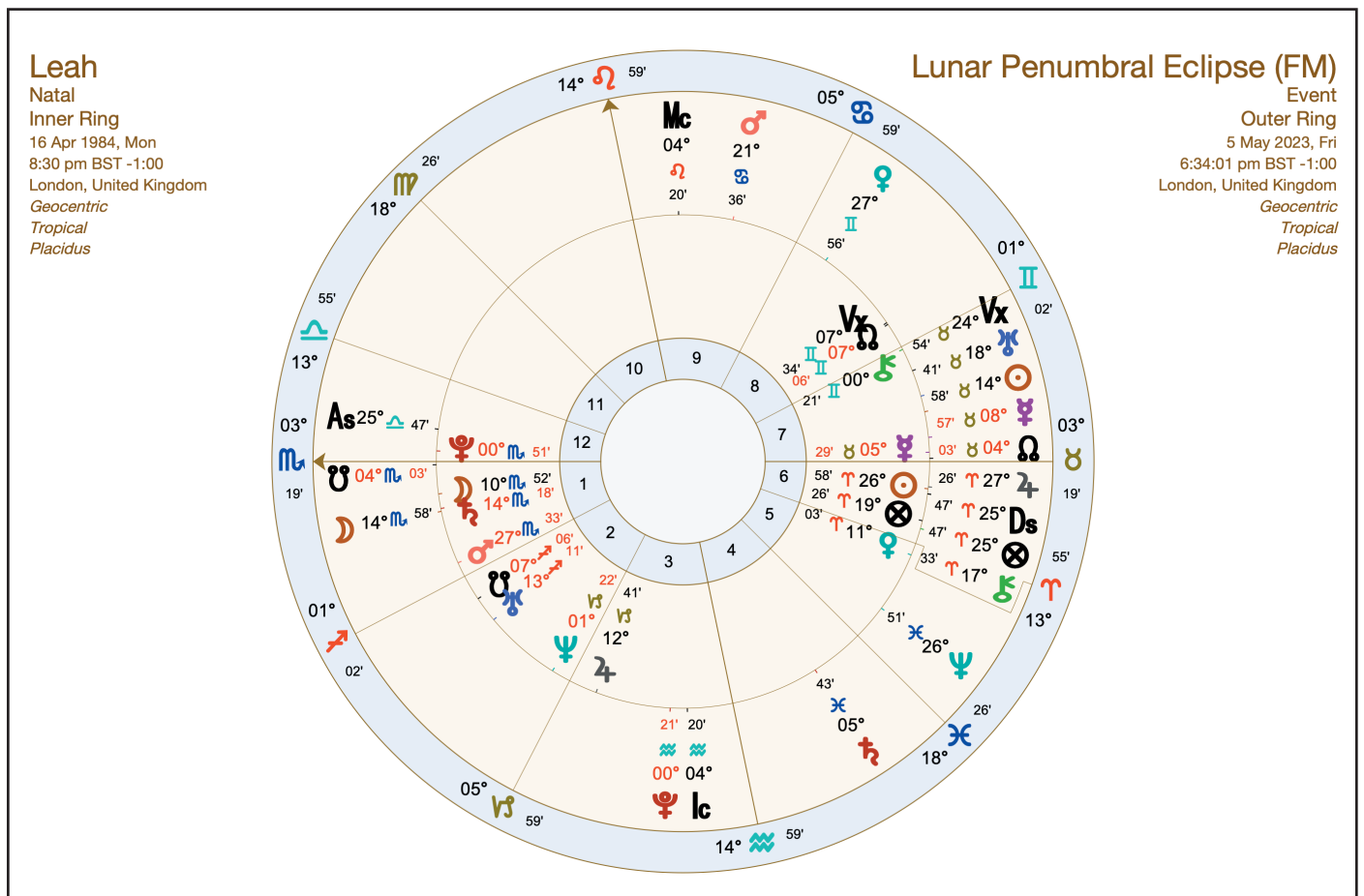
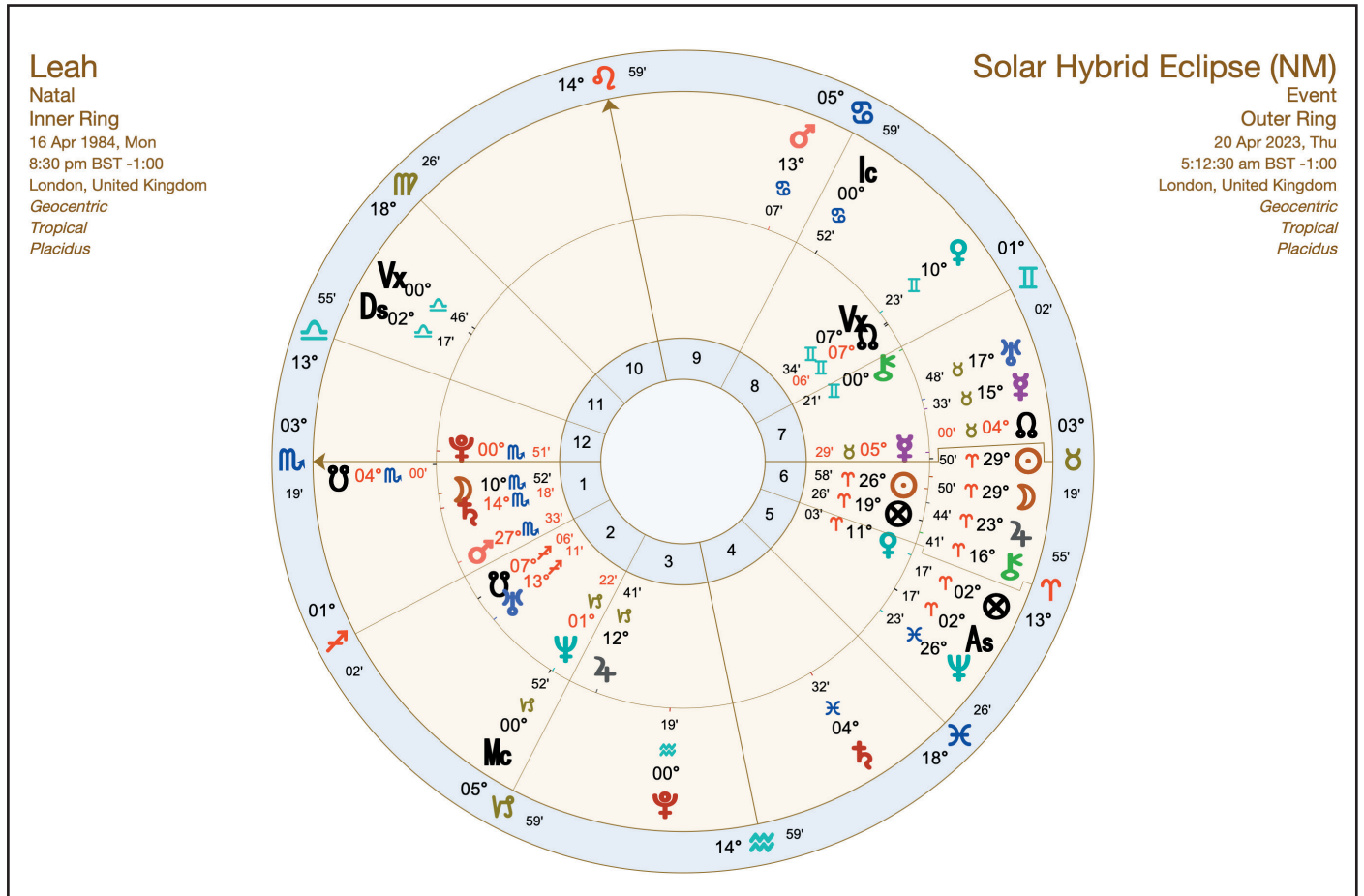
³ BRADY B, *Predictive Astrology The Eagle and the Lark*. Wheel/Weiser LLC, San Francisco, USA, 1999, p.317

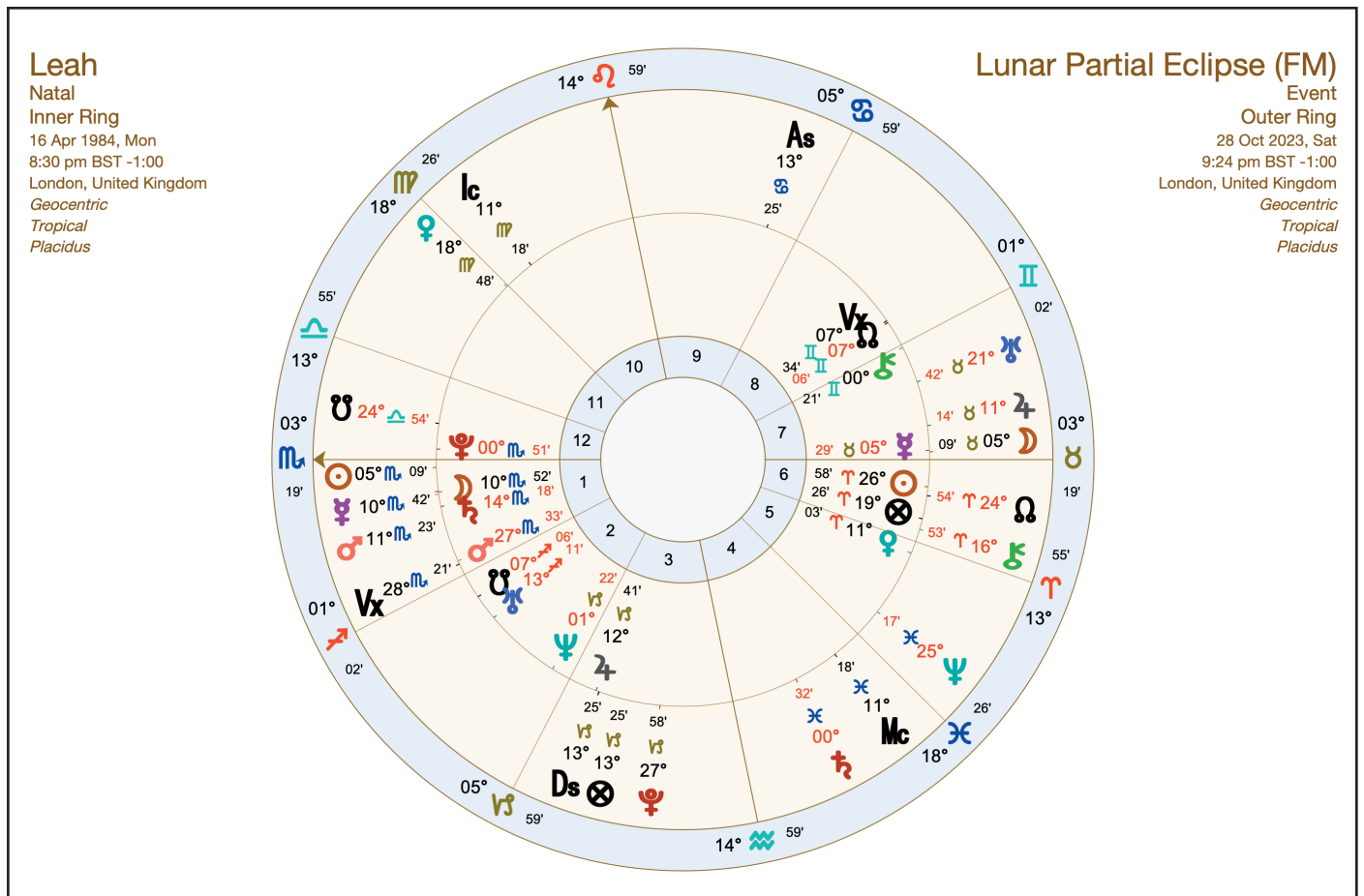
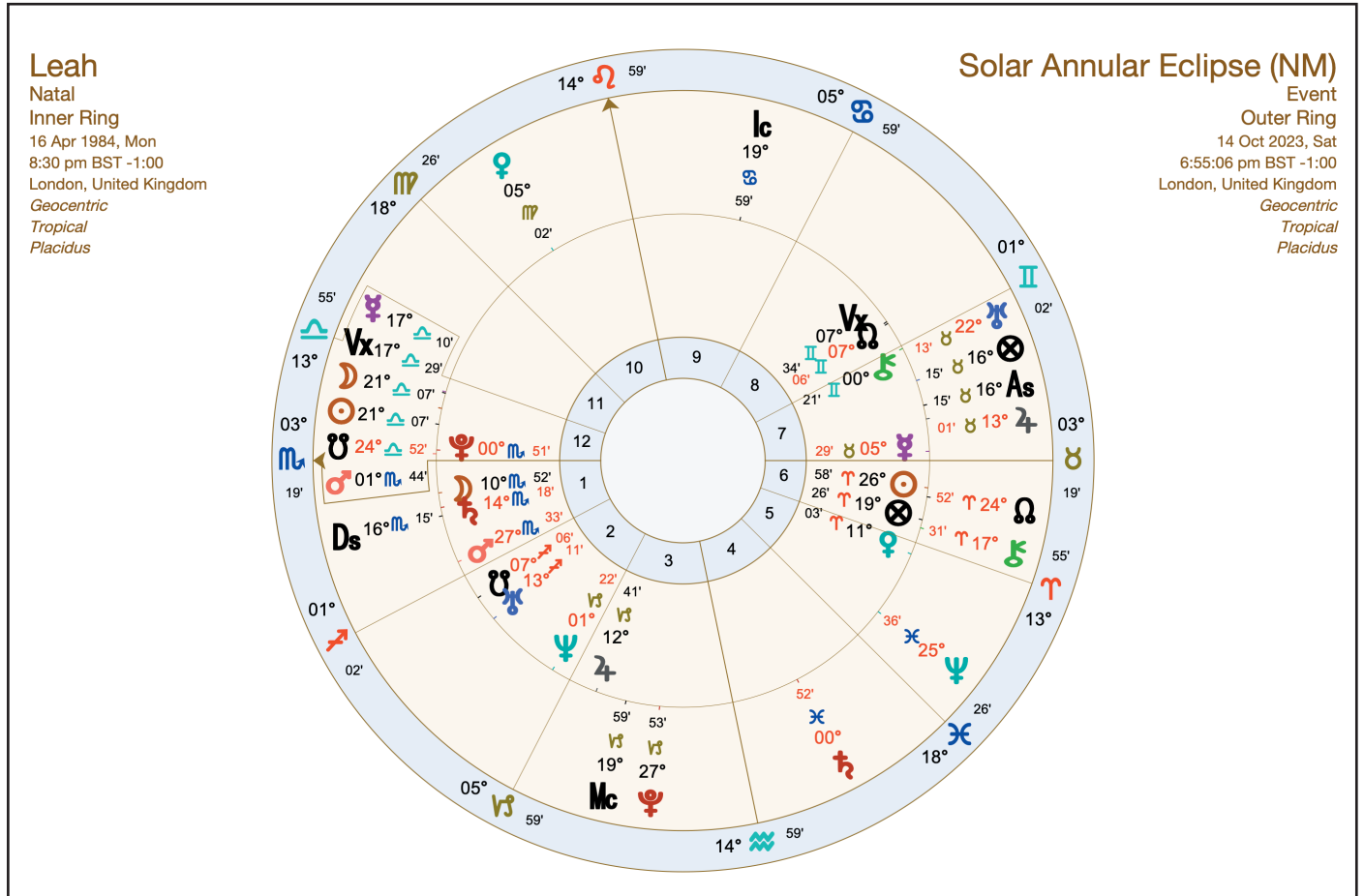
Her understanding of self and core values are being recognised more consciously (Last Quarter Progressed Lunation Phase). The transits and eclipses are bringing up events which illuminate self and relationships, the two areas she is being challenged by. With these areas surfacing to heal core patterns she can get a better sense of self by developing self esteem, trusting her intuition, asserting herself and applying better communication techniques. As her midlife cycle approaches, this new heightened sense of self value can empower her to move forward and embrace change, letting go of unsupportive relationships, allowing new supportive one's to develop and maintaining existing one's that have transformed along beside her.

Word count: 2670


































Leah	16 Apr 1984, Mon	London, United Kingdom
Natal	8:30 pm BST -1:00	51°N30' 00°W10'
Tropical		Placidus

Progressed Lunar Phases 					
Event	Asp	Age	Date	Time	Pos
Gibbous		-4.2	23 Jan 1980	12:21 am	07°Vi50'
Full Moon		-1.0	12 Apr 1983	5:35 pm	25°Li59'
Disseminating		2.4	4 Sep 1986	10:51 pm	14°Sg18'
Last Quarter		6.2	1 Jul 1990	10:20 am	03°Aq02'
Balsamic		10.3	9 Aug 1994	2:54 pm	22°Pi02'
New Moon		14.3	20 Aug 1998	8:56 pm	10°Ta57'
Crescent		18.1	5 Jun 2002	9:49 pm	29°Ge38'
First Quarter		21.7	21 Dec 2005	9:13 am	18°Le03'
Gibbous		25.0	28 Apr 2009	7:50 pm	06°Li18'
Full Moon		28.4	31 Aug 2012	5:52 am	24°Sc31'
Disseminating		32.0	3 Apr 2016	4:02 am	12°Cp58'
Last Quarter		35.9	20 Mar 2020	8:38 pm	01°Pi47'
Balsamic		40.0	24 Apr 2024	2:10 pm	20°Ar43'
New Moon		43.9	6 Mar 2028	8:10 am	09°Ge26'
Crescent		47.5	3 Oct 2031	5:28 pm	27°Cn51'
First Quarter		50.9	5 Mar 2035	11:13 am	16°Vi08'
Gibbous		54.3	29 Jul 2038	3:42 am	04°Sc23'
Full Moon		57.8	2 Feb 2042	6:12 pm	22°Sg44'
Disseminating		61.6	16 Nov 2045	10:56 pm	11°Aq21'
Last Quarter		65.7	10 Dec 2049	9:13 pm	00°Ar14'
Balsamic		69.7	16 Dec 2053	10:10 am	19°Ta04'
New Moon		73.3	13 Aug 2057	8:29 am	07°Cn33'
Crescent		76.7	30 Dec 2060	12:38 pm	25°Le47'
First Quarter		80.1	10 May 2064	2:25 am	13°Li59'

BIBLIOGRAPHY

ARROYO, S. (1989). *Chart Interpretation Handbook*. Sebastopol, California, USA: CRCS Publications.

BRADY, B. (1999). *Predictive Astrology, the Eagle and the Lark*. San Francisco, CA, USA: Red Wheel/Weiser LLC.

GARRISON, C. (2018). *The Lunar Gospel*. Newbury Port, MA, USA: Weiser Books.

HEBEL, D. (1985). *Celestial Psychology*. Santa Fe, N.M, USA: Aurora Press.

REINHART, M. (1989) *Chiron and the Healing Journey*. London, England: Penguin Group.

SASPORTAS, H. (1989). *The Gods of Change*. London, England: Penguin Group.

SPILLER, J. (1997). *Astrology for the Soul*. New York, USA: Bantam Dell.

Teachers' Class Notes & Modules

Software: Astro Gold for Mac